

PM-HME Attaches to a Tracheostomy Tube

# INSTRUCTIONS FOR USE

Only one copy of these Instructions for Use is provided per package. These Instructions for Use must be kept in an accessible location for all users.

# MADE IN USA

#### CAUTION:

Federal law restricts this device to sale by or on the order of a physician.















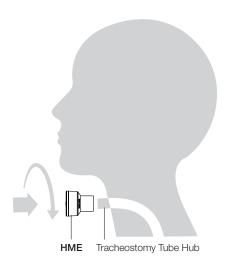


NARNING: NOT FOR USE DURING MECHANICAL VENTILATION



# **Heat Moisture Exchanger**

(PM-HME)



# INSTRUCTIONS FOR USE

## **DEVICE DESCRIPTION**

The Passy Muir Heat Moisture Exchanger (HME) is a nonsterile, lightweight, single patient use device intended to be positioned on a tracheostomy tube to warm and humidify gases breathed in by a patient.

# INDICATIONS FOR USE

For spontaneously breathing patients with a tracheostomy where warm and humidified inspiratory gases are desired.

Environment of use - clinical settings including hospital, sub-acute, rehabilitation, outpatient, pre-hospital, skilled nursing, long-term care, and the home setting.

#### PATIENT POPULATION

The PM-HME is intended for spontaneously breathing tracheostomy patients. The intended users are healthcare professionals trained in the care of patients with a tracheostomy, including physicians, nurses, speech-language pathologists, physiotherapists, and respiratory therapists, as well as patients and caregivers under the supervision of a healthcare professional.

#### CONTRAINDICATIONS

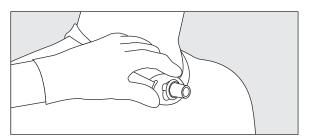
- Patients using the PM-HME must be able to remove the PM-HME themselves as needed OR should be monitored by a trained healthcare provider or caregiver.
- **Do not use** the PM-HME during mechanical ventilation.
- Do not use the PM-HME with a suction catheter.
- Do not use the PM-HME as a connector for tubing, adapters, accessories, or other connections to the hub of the tracheostomy tube.
- Do not use the PM-HME in conjunction with humidifiers or nebulizers.
- **Do not use** the PM-HME on laryngectomy patients.
- **Do not use** the PM-HME with medicated aerosols.
- **Do not use** the PM-HME with any flow delivery system including High-Flow or any other device connection.
- Do not use the PM-HME with patients having a low tidal volume (<50mL) as it may cause (Carbon Dioxide) CO<sub>2</sub> retention.

# **WARNINGS & PRECAUTIONS**

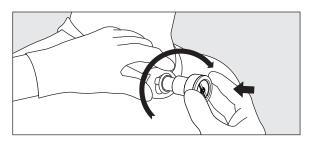
- **CAUTION:** Federal law restricts this device to sale by or on the order of a physician.
- WARNING: DO NOT use a PM-HME if saturated or clogged as it may prevent or obstruct breathing.
- WARNING: DO NOT use a PM-HME if it is damaged, as the device will not operate as intended.
- WARNING: When used continuously on the patient, the PM-HME must be changed every 24 hours or more frequently as required.
- CAUTION: The PM-HME is designed for single use only and should not be cleaned, sterilized, or reused.

# **PLACEMENT**

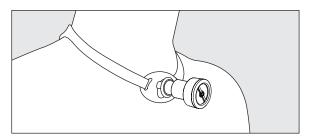
The following instructions are for the placement of the Passy Muir Heat Moisture Exchanger (PM-HME).



**Step 1:** Using universal precautions and appropriate Personal Protective Equipment (PPE), stabilize the patient's tracheostomy tube.



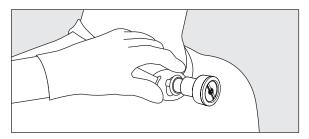
**Step 2:** Place the PM-HME gently onto the 15mm hub of the tracheostomy tube with a gentle quarter turn clockwise (to the right) while placing it onto the hub. Do not PUSH the PM-HME onto the tracheostomy tube hub.



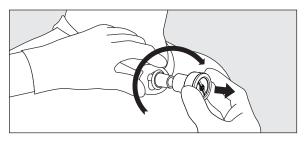
Step 3: Monitor the patient's respiratory status and assess for changes from baseline parameters.

## **REMOVAL**

The following instructions are for the removal of the Passy Muir Heat Moisture Exchanger (PM-HME).



**Step 1:** Using universal precautions and appropriate PPE, stabilize the patient's tracheostomy tube.



**Step 2:** Remove the PM-HME with a gentle quarter turn clockwise (to the right) while gently removing the PM-HME from the 15mm hub.

#### STORAGE & DISPOSAL

- Store at room temperature and away from direct sunlight.
- Discard the PM-HME as medical waste per applicable national regulations and facility policy.

#### TECHNICAL SPECIFICATIONS

Tidal Volume (V <sub>t</sub> )	>50 mL
Dead Space (Internal Volume)	4.9 mL
Pressure Drop*	10 LPM - 0.1 hPa
	30 LPM - 0.7 hPa
	60 LPM - 2.0 hPa
Moisture Loss at V <sub>t</sub> = 1000ml*	20.6 mg/L
Moisture Loss at V <sub>t</sub> = 150ml**	9.6 mg/L
Connector	15F (ISO 15 mm)
Height	33 mm
Diameter	30 mm
Weight	5.2 g

<sup>\*</sup> Tested in accordance with ISO 9360

**Note:** Minor condensation in the bag is typical and does not affect the use or safety of the device.





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<sup>\*\*</sup> Test adapted from ISO 9360